

3-day workshop in Prague:

DEVELOPING RESILIENCE AND KEEPING YOUR HEART OPEN

THE ART OF SETTING BOUNDARIES

We'll share teachings from the Mother Continent and the wisdom of South Africa: Connecting with your roots as a resource is a forgotten strength in setting boundaries.



From Friday to Sunday

3 - 5 of March 2023

PRAGUE, Maitrea, Týnská 6
(side street of the Old Town Square)

INTERNATIONAL TRAINERS

- Ria Verlinden - www.the7thC.be
- Petra Van Den Dragt - www.theroots.nl
- Wendy van Nunen - www.wendyvannunen.be

Free online introductory session of the program and trainers:

11/02/2023 from 9.30am to 11am

Program

Day 1 (2:00pm - 9:00pm): Where do I belong?

Day 2 (9:30am - 6:00pm): The power of recognition

Day 3 (9.30am - 5:00pm): Standing tall in gratefulness

Price

Business: 495 EUR (ex VAT)

Private: 395 EUR (ex VAT)

When participating with 2 or more people, you will receive a 30% discount.

Price includes facilitation and refreshments.

(If payment is difficult, please contact Ria Verlinden, info@the7thC.be or Mobile/Whatsapp +32475317280)

For practical questions contact Alena Srbová,
alsrbova@gmail.com or +420604242434



Ria
Verlinden



Petra
van den Dragt



Wendy
van Nunen



JOIN US: register using the attached form

